

.....
(Original Signature of Member)

118TH CONGRESS
1ST SESSION

H. RES.

Expressing support for the recognition of October 2023, as “World Menopause Awareness Month” and expressing the sense of the House of Representatives regarding global awareness and access to care during the menopausal transition and post-menopause.

IN THE HOUSE OF REPRESENTATIVES

Ms. BLUNT ROCHESTER submitted the following resolution; which was referred to the Committee on _____

RESOLUTION

Expressing support for the recognition of October 2023, as “World Menopause Awareness Month” and expressing the sense of the House of Representatives regarding global awareness and access to care during the menopausal transition and post-menopause.

Whereas, October 18, marks World Menopause Day, a day when organizations and individuals around the world advocate to improve awareness of menopause and support options available for improving health and well-being;

Whereas, by 2030, the world population of menopausal and postmenopausal women is projected to increase to 1.2 billion, with 27 million new entrants each year;

Whereas each year women in the United States enter the menopausal transition with little guidance on what to expect before, during, and after their reproductive years;

Whereas according to the Department of Health and Human Services, as many as 3 out of 4 women experience hot flashes, the most common menopause symptom; and other symptoms including memory loss, urinary problems, depression, and anxiety;

Whereas menopausal symptoms can be severe and affect daily activities and quality of life with hot flashes lasting an average of 7 to 9 years, with a third of women experiencing vasomotor symptoms for a decade or longer;

Whereas studies show that Black and Hispanic women may experience menopause earlier, more intense menopausal symptoms, and for a longer period of time;

Whereas as many as 40 percent of menopausal women say their symptoms interfered with their work performance or productivity weekly, and nearly 1 in 5 have left or considered leaving the workforce because of their symptoms;

Whereas menopause costs women in the United States an estimated \$1.8 billion in lost working time per year;

Whereas due to medical innovation, a variety of effective treatments for symptoms are available including but not limited to non-hormonal medication, hormone therapy, and low dose antidepressants, that can help improve quality of life during perimenopause and menopause;

Whereas according to the Department of Health and Human Services, menopause may increase the risk of osteoporosis, heart disease, and stroke; and

Whereas there is an ongoing need for additional clinical research and treatment options to manage menopause symptoms: Now, therefore, be it

1 *Resolved*, That the House of Representatives—

2 (1) designates October 2023 as “Menopause
3 Awareness Month”;

4 (2) recognizes the impact of menopause on
5 women at individual and societal levels, as well as on
6 the country’s health and economic development;

7 (3) promotes including training on menopause
8 and treatment options in pre-service curricula for
9 health workers;

10 (4) supports women having access to appro-
11 priate health information and services to promote
12 healthy aging and a high quality of life before, dur-
13 ing, and after menopause; and

14 (5) encourages the Secretary of Health and
15 Human Services, the Secretary of Defense, and the
16 Secretary of Veterans Affairs to—

17 (A) provide information to women, pa-
18 tients, and health care providers with respect to
19 menopause, including available screening tools
20 and treatment options, with a goal of improving
21 quality of life and health outcomes of women
22 affected by menopause;

1 (B) conduct additional research on meno-
2 pause and possible clinical options;

3 (C) update information, tools, and studies
4 currently available with respect to helping
5 women live with menopause; and

6 (D) respectfully request that the Clerk of
7 the House of Representatives transmit an en-
8 rolled copy of this resolution to the Secretary of
9 Health and Human Services.